

## **Blossom and Root**

### **First Grade Master Supplies List**

#### **Nature Study (Full Supply List)**

Inexpensive sketchbook or white printer paper in a 3-ring binder  
General sketching / coloring supplies: pencils, watercolors and paintbrush, erasers, colored pencils, markers, crayons, etc.  
Local nature guides  
Camera or camera phone and a way to access physical prints of the photos you take from time to time  
Glue  
Large art paper  
White copy paper  
Ruler  
A box to house a fossil and rock collection  
Various materials collected from your yard or a friend's yard (with permission)—see prompts in the curriculum for specific details  
Flour  
Salt  
Cream of tartar  
Cardboard (ideally save or recycle some from a package)  
Notebook  
Various natural locations in your area—see prompts in the curriculum for specific details  
Sheet or picnic blanket  
A bag  
Sidewalk chalk  
An old wooden board or clay pot  
Fine mesh colander or sifter  
Clipboard or similar sturdy surface for painting and writing on in the field  
Paper towels  
Parchment paper  
Tape  
Paint samples from the hardware store (the paper kind with 3 - 4 colors represented on each)  
String or twine  
Glass jar with lid  
Small shovel  
Old pots, bowls, cups, spoons, scoops, etc. that you don't mind dirtying  
Hammer, nails, saw, etc. (for one prompt)  
Flashlight

**\*\* Science:** Because there are so many different options available for each unit's activities, and because it is extremely unlikely that anyone will do every single activity for every single unit, we do not include a master supply list for science in this resource. We do not wish to cause confusion or over-purchasing by listing every activity option's supplies here. After you have purchased the curriculum, please take some time to go through the laboratory guide and note which activities you plan to do, and write down the supplies you will need for your specific plan of action. If you like to plan very far ahead, you can take an hour or two to do this at the beginning of the year. If you like to keep things open and fluid, you can take a few minutes to do this each week or each month for the units ahead. **The basic supplies for many of the activities will already be accounted for in the lists we've provided for the other subjects (paper, markers, etc.)** Some supplies you will not need to (or want to) purchase until a few weeks before doing a certain activity. Supplies for each activity are clearly marked for each activity in the laboratory guide, just before the instructions.

### **Art (Full Supply List)**

White printer paper  
Construction paper, variety of colors  
Crayons, oil pastels, markers, and colored pencils  
Shape stencils (optional)  
Large art paper, many sheets  
Tissue paper, variety of colors  
Glue and glue sticks, craft glue  
Washi tape, variety of widths and colors  
Scissors  
Scotch tape or push pins  
Scrap cardboard  
Dried fettuccine  
Aluminum foil  
Sharpie markers in a variety of colors  
Lego bricks (optional)  
Paint (acrylic, watercolor, tempera) in a variety of colors  
Paint brushes in a variety of sizes  
Paper towels  
Gumdrops  
Toothpicks or dried spaghetti  
Cotton swabs  
Vase of flowers or collection of natural materials to display  
Access to a printer  
Plastic sheet protectors  
Natural objects to paint on (rocks, sticks, shells, leaves, etc.)  
Yarn or string  
A generous supply of a single household item (buttons, washers, etc.)  
Exacto blade  
Card stock  
Flashlight or cell phone with a flashlight

Camera or camera phone  
Straight edge (optional)  
Craft foam  
Fabric paint  
A piece of fabric or clothing to paint  
Clay pot (optional)  
Craft burlap / jute  
Embroidery hoop  
Embroidery thread  
Rounded upholstery needle, or similar  
Dried pasta (penne, macaroni, or wheels)  
Old magazines or catalogs  
Pattern blocks (optional)  
Clear contact paper  
Flower petals and leaves, variety  
Art sand in at least two colors  
Condiment bottles  
A stick  
A jar of Modge Podge  
A small cardboard or wooden box (recycled cigar boxes are ideal)  
Canvas or fine art paper (one)

### **Language Arts (Full Supply List)**

Please see the attached supply list for the second edition of Blossom and Root First Grade / Level 1 Language Arts.

# Supplies Needed

## General Supplies Needed Regularly Throughout the Year

- Pencils and erasers
- Scissors
- Glue stick and / or white school glue
- Optional: Hot glue gun and glue sticks for it (adult-use only)
- Crayons, markers, or colored pencils for journal and narration entries
- Acrylic craft paint for peg dolls and other craft projects in a variety of colors
- Paint brushes in a variety of sizes, including several smaller ones for detail work
- Modeling material: modeling beeswax (Stockmar is very good), Model Magic, air-dry clay, and / or play-dough
- Items for the storytelling basket and bin(s) or basket(s) to keep them in
- Peg dolls (blank)--these can be found at craft stores or online at stores like A Child's Dream, Bella Luna Toys, etc. You will need quite a few, depending on how many dolls your child decides to make throughout the year. Dolls over 2 1/2 inches (6.35 cm) tall are easier for small hands to work with, but you may wish to order a variety of sizes. You can also forego peg dolls in favor of making LEGO figurines or using toys you already have for the storytelling basket.
- Stuffed animals from around your home for "Stuffed Animal Theatre Presents..." prompts
- Several large sheets of painting paper
- Several sheets of poster board or larger paper to make posters
- Access to the internet
- Access to a library (optional but helpful!)

## Additional Supplies Needed for Specific Weeks

- Week 1: five smooth, palm-sized stones (from craft store or from outside); permanent marker or paint marker in black or white; Modge Podge (optional)
- Week 2: wooden craft spools (1 1/8" tall and 7/8" wide recommended); air-dry clay; glittery white pipe cleaners; sprigs of artificial foliage (see activity instructions for info)
- Week 4: various materials for the houses in the S.T.E.M. activity (see week 4 for more information); hair dryer
- Week 5: sock, fabric paints or permanent markers, buttons or googly eyes, craft glue (for googly eyes) OR needle and thread (for button eyes), craft felt or sturdy paper for fins
- Week 6: something for the turtle shell for your model (walnut shell, seed pod, seashell, cardboard egg carton, etc.); craft feathers (optional); pipe cleaners
- Week 9: garden catalog or access to the internet and a printer; ingredients for a "tops and bottoms" meal (see week 9 for more information)

# Supplies Needed

## Additional Supplies Needed for Specific Weeks, cont.

- Week 10: items from around the house to build a tower for storytelling (LEGOs, books, etc.); yarn for Rapunzel's hair (optional); items to build a tower for S.T.E.M. activity (gum drops or mini-marshmallows and toothpicks)
- Week 11: (for optional activity for *The Woman Who Outshone the Sun*) construction paper in bright colors, oil pastels (optional)
- Week 13: ingredients to make a "gingerbread" baby (sugar cookie or gingerbread ingredients, according to your preferences, see week 13 for details); (optional) ingredients for gingerbread play dough (salt, flour, cream of tartar, water, oil, nutmeg, ground cloves, cinnamon, ground ginger)
- Week 14: shoebox or small up-cycled box for story diorama
- Week 16: air-dry clay (if you don't already have it) for the pinch pot
- Week 17: water color paper, watercolor paints and brushes, and a printed photo of your child OR (for the digital option) access to a photoshop program like Canva
- Week 18: craft felt (or similar alternative) and wool roving (or vegan roving); ingredients for sensory snow (baking soda, white hair conditioner)
- Week 19: several smooth, palm-sized stones to make story stones; Modge Podge (optional)
- Week 20: (optional) craft sticks and card stock paper for stick puppets
- Week 21: paper plates or card stock, construction paper, string to tie masks or craft sticks for handles (optional); or you can make masks from craft felt instead
- Week 22: air-dry clay (if you don't already have it), yarn for Blancaluna's hair (optional)
- Week 24: watercolor paper and watercolor paints and brushes, sea salt, a sheet of black card stock or construction paper
- Week 25: embroidery hoop or empty wooden frame (without glass in it), yarn or string, grasses (or reeds or rushes) gathered from outside
- Week 26: stones to paint as selkies OR craft felt and dried beans, sewing supplies (see week 26 for more information)
- Week 27: a long green sock or a pair of green tights, craft felt, buttons or googly eyes
- Week 28: (optional) black or brown pipe cleaners, yellow tissue paper
- Week 30: shoebox or up-cycled box for story diorama
- Week 36: embroidery hoop, colorful yarn, the page with the colored pictures of this year's literature selections (a few pages back in this guide) printed out in color (ideally on card stock or similar sturdy paper)

# Storytelling Basket: What You'll Need

## A Vessel to Store Everything In

- A basket, bin, bucket, or even a cloth grocery bag will do

## Items to "Set the Scene"

- Scarves, fabric samples, or squares cut from up-cycled clothing in a variety of colors (green for a meadow, white for a snowy scene, blue for water, etc.)--local thrift stores can provide wonderful materials at very little cost
- Items gathered responsibly from outdoors (rocks, pine cones, sticks, pebbles, shells, etc.)
- Optional: wooden platform or "tree cookie" to stand in for a home or another structure (check your local craft store)
- The "trees and shrubs" you'll make in week 2 (see activity instructions for information)

## Figures to "Play the Parts"

- Peg dolls (you'll make them throughout the year, but you can also use blank peg dolls, LEGO figurines, wooden or plastic animals and people, existing figurines you have on hand, etc.)
- Optional: Finger puppets of animals and people to "play" various roles in your storytelling / narrations



We keep our storytelling basket in three different containers: one for scarves, one for figurines and peg dolls, and one for trees and bases (which you will make in week two.)

## Tips:

- Remember: Your basket can grow over time. You don't have to have a ton of things in them to start!
- Sometimes the simplest baskets provide the best material for your child's imagination.
- Craft stores are great places to find little bits and pieces.
- Modeling beeswax is wonderful for creating props for the stories (a campfire, food, etc.)
- Leave the basket in a place where your child can access it for free play, and encourage them to play with it even when you're not doing lessons.
- There is no "right" or "wrong" way to make a storytelling basket. Use what you have.